



7 Words Q21-Parenting

No, Hello, Thanks, Goodbye, Please, Sorry, Yes

Score each question 1 to 10: an absolute No = 1; an absolute Yes = 10.

		Score	Total
1	Does your child feel secure?		N
2	Are you always honest with your child?		
3	Can you say No and stick to it?		
4	Are you open to your child's ideas?		H
5	Are you able to give your child quality attention?		
6	Are you able sometimes to connect deeply with them?		
7	Does your child feel constantly loved and nurtured?		T
8	Do you smile at each other?		
9	Do you say "well done" often enough?		
10	Do you understand the importance of rites of passage?		G
11	Are you guiding them through life changes?		
12	Do you see weaning as a never-ending process?		
13	Does your child help with household tasks?		P
14	Do you help them with homework or hobbies?		
15	Is parenting a spiritual journey for you?		
16	Are you taking proper responsibility for your child's wellbeing?		S
17	Can you allow yourself to be seen as less than perfect?		
18	Do you say Sorry when it's your fault?		
19	Can you allow them to make their own mistakes?		Y
20	Are you enthusiastic to spend time with your child?		
21	Can you trust that their different ways will work out?		

NO	HELLO	THANKS	GOODBYE	PLEASE	SORRY	YES	TOTAL

Name: _____

Date: _____

For more information about 7 Words contact:

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7 Words Guide

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